

#### Laura L. Ryan, MA, LMFT

# Please PRINT CLEARLY and fill out the form COMPLETELY **Clients** Full Name (s)\_\_\_\_\_ Relationship Status: Married Committed Partnership (partner 1 contact information) Home phone\_\_\_\_\_\_ Work phone \_\_\_\_\_ Cell phone\_\_\_\_\_ (partner 2 contact information) Home phone \_\_\_\_\_\_ Cell phone \_\_\_\_\_\_ Email Address: I authorize Laura L. Ryan to leave a message regarding my schedule: $\Box$ on my home phone □ w/ family member\_\_\_\_\_ □ at work □ on my cell phone Payment of Services to A New Day Counseling The person signing this agreement will be the responsible party for payment of services. Please provide their address and printed name, and indicate the relationship to the client--write "self" if you are the client. I understand that I am responsible for any balance on the account and/or collection costs and legal fees incurred in any attempt to collect said balance. AUTHORIZED PERSON'S SIGNATURE Date Signed\_\_\_ Printed Full Name\_\_\_\_\_ City: State Zip How did you learn of my practice? □ yelp.com □ doctor referral \_\_\_

☐ friend/family referral \_\_\_\_\_

other (please specify)

□ attended a workshop

☐ facebook

□ yahoo local□ google

□ psychology today

□ yellowpages.com



LAURA L. RYAN, MA, LMFT

This form is provided in order you help you understand several important things about your professional relationship with your therapist and your rights as a client. Please read all of the information carefully. Feel free to ask questions about any item that you may not understand and sign the bottom of this form when you have read all the information.

#### Confidentiality

What you say to your therapist will be held in strictest confidence. However, you should understand that there are certain circumstances and conditions under which the content of your sessions may no longer be confidential. Below is a list of some, but not all of the circumstances under which your therapist may be ethically and/or legally obligated to disclose information about you. Because circumstances vary from individual to individual, it is impossible to provide a complete list of all possible circumstances under which the content of your sessions may no longer be confidential. Please discuss any concerns you may have about confidentiality with your therapist.

- a) Your therapist is ethically and legally obligated to disclose information given in confidence if there is reason to believe that you may harm yourself or harm someone else.
- b) Your therapist is ethically and legally obligated to disclose information given in confidence if there is reason to believe that you are involved in or have knowledge of child abuse/neglect or abuse/neglect of an elderly or disabled person.

Despite the personal nature of the work that you and your therapist do together, it is important for you to understand that you and your therapist have a *professional* and not a *personal* relationship. In order for your therapist to maintain his or her professional objectivity, the interactions between you and she will be limited to scheduled sessions. All clinical content should be discussed in session only and any text or email exchanges with your therapist will be limited to administrative, payment, or scheduling related inquiries. If you are in crisis, you agree to call 911 or report to your local emergency room. Please do not invite your therapist to social gatherings, offer gifts, or ask your therapist to enter into a business relationship or relate to you in any way outside of your scheduled appointments. You will be best served if your relationship with your therapist remains strictly professional and concentrates exclusively on your concerns. If you meet your therapist in public or in a social situation, be aware of her ethical responsibilities and expect a short conversation.

As a client, you have some important responsibilities. Please attend all scheduled appointments and be on time. Please remember that once an appointment is made, your therapist has set time aside for you and it is your responsibility to cancel/reschedule your appointments within 24 hours of your scheduled time. If you fail to cancel or reschedule your appointment within 24 hours, you will be charged the full hourly fee.

t, the client, have read and fully und	derstand the information covered in this form.
Client Signature	Today's Date

## **Tele-Therapy Consent to Treatment for Clients In Texas**

I give consent to Laura L. Ryan, LMFT, license # 201931 A New Day Counseling Services to perform therapeutic services determined to be necessary or advisable for the benefit of my health. I understand that online counseling services include, but are not limited to, consultation and treatment using interactive audio, video, and/or data communications. I understand that online counseling services involve the communication of my medical/mental health information to the above referenced provider. By utilizing services with Laura L. Ryan, LMFT, I certify that I understand that communications via text, email, or any internet communication is not 100% HIPAA compliant and there is risk of breach of HIPAA in any form of electronic communication.

I have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment. I understand that the laws that protect the confidentiality of my medical information also apply to online counseling services. As such, I understand that the information disclosed by me during the course of my therapy is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, including, but not limited to reporting abuse; expressed threats of violence towards an ascertainable victim; and where I make my mental or emotional state an issue in a legal proceeding.

I understand that the dissemination of any information is under the same HIPAA standards as traditional therapy. Although rare, I understand that there are risks to internet based services including, not limited to, the possibility, despite reasonable efforts on the part of the Platform and/or Therapist, that the transmission of my medical information could be disrupted or distorted by technical failures, the transmission of my medical information could be interrupted by unauthorized persons, and/or the electronic storage of my medical information could be accessed by unauthorized persons.

I am aware that I agree that the location of the therapy is in Texas, where my licensed therapist is located, even when I am communicating with my therapist via digital or video platforms. I agree that my therapy is under the licensing rules and laws of the state of Texas. By participating in online therapy services I am aware of potential benefits and risks. Some benefits may include improved access to services and the convenience of not having to travel to my therapy appointments. Although risks are rare, I am aware there are possible risks which include the possibility of delay in response from my therapist due to technical failures or unforeseen events, and that I may not be able to respond to my therapist due to my own technology failures or unforeseen events. I am aware that all clinical content will be discussed during session only. I am not to text or email my therapist clinical content under any circumstance.

I understand that it is my responsibility to attend all scheduled tele-therapy appointments and be on time. I understand that once an appointment is made, my therapist has set time aside for me and it is my responsibility to cancel/reschedule your appointments within 24 hours of your scheduled time. If I fail to cancel or reschedule your appointment within 24 hours, I understand that I will be charged the full hourly fee. I understand that my therapist may not be able to provide certain services to me and if my therapist believes I need additional or other services, they may refer me to another specialist or type of care, such as seeing a medical doctor for further evaluation and treatment. Informed consent continues throughout the course of therapy and my therapist will continue to talk with me about risks, benefits or educate me on the process of therapy as we go along.

Signature	Date



### Laura L. Ryan, MA, LMFT

Please take some time to sit down separately and fill in your forms. You will each fill out your own section of the paperwork. Remember that each of you has their own unique perspective and I want to hear from both of you about your experience and ideas about your relationship.

(Partner 1) Name	Today's Date	DOB
1) What brings you to couples couns	seling?	
2) Most couples have two or three co	ore issues, how would you describe the	specifics of your frustration?
3) How would your partner describe	e her/his frustration with you?	
4) What happens when you argue?		

Please take some time to sit down separately and fill in your forms. You will each fill out your own section of the paperwork. Remember that each of you has their own unique perspective and I want to hear from both of you about your experience and ideas about your relationship.

(Partner 2) Name	Today's Date	DOB
1) What brings you to couples couns	seling?	
2) Most couples have two or three co	ore issues, how would you describe the	e specifics of your frustration?
3) How would your partner describe	her/his frustration with you?	
4) What happens when you argue?		
5) How will you know when you ha	ave achieved your relationship goals?	

6) Do you have children?
7) What is your profession?
8) Have either of you been married before?
9) Is there anything else that you think is important for me to know as we get started?